

PE

Sequencing Roadmap

EYFS

Autumn 1 & 2
-Fundamental movement Skills
- Dance activities - animals

Spring 1 & 2
-Gymnastics
-Multi Skills

Summer 1 & 2
-Ball Skills
-Games

Year 1

Autumn 1:
-Fundamental Movement Skills
-Multi Skills

Autumn 2
-Dance activities – Island life
-Functional Fitness

Spring 1
-Gymnastics
-Multi Sports 1

Year 2

Autumn 1
-Fundamental Movement Skills
-Multi Skills

Autumn 2
-Dance – The Olympics
-Functional Fitness

Summer 2
- Athletics
- Games

Summer 1
-Fundamental Movement
-Multi Skills

Spring 2
-Multi Sports 2
-Functional Fitness

Spring 1
-Gymnastics
-Multi Sports 1

Spring 2
-Multi Sports 2
-Functional fitness

Summer 1
-Fundamental Movement
-Multi Skills

Summer 2
-Athletics
-Games

Year 3

Autumn 1:
-Fundamental
Movement Skills
-Multi Sports

Autumn 2
-Dance - Space
-Multi Skills

Spring 1
- Gymnastics
- Functional
Fitness

Summer 2
- Athletics
- Games

Summer 1
-Multi Skills
-Invasion
Games

Spring 2
- Multi Sports
- Fundamental
Movement
Skills

Year 4

Autumn 1
- Fundamental
Movement
Skills
- Multi Sports

Autumn 2
-Dance –
Street Dance
-Multi Skills

Spring 1
-Gymnastics
- Functional
Fitness

Spring 2
-Multi Sports
-Fundamental
Movement
Skills

Summer 1
-Multi Skills
-Invasion
Games

Summer 2
-Athletics
- Games

Year 5

Autumn 1:
- Hockey
- Functional
Fitness

Autumn 2
-Dance –
around the
world
-Basketball

Spring 1
-Gymnastics
- Yoga Flow

Summer 2
- Athletics
- Games

Summer 1
- Football
- OAA

Spring 2
- Cricket
- Rugby

Year 6

Autumn 1
- Invasion
Games
- Functional
Fitness

Autumn 2
-Dance -
weather
- Basketball

Spring 1
-Gymnastics
-Yoga Flow

Spring 2
-Multi Sports
- Netball

Summer 1
- Football
- OAA

Summer 2
-Athletics
- Games